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TEAM BUILDING

Equine Assisted Learning
Reflection Pathways

"You don't build a
business; you build
people.
And then **people** build
the business."
- Zig Ziglar





The Equine Assisted Learning program has been proven to be an effective way to teach participants new skills applicable in their work-life.

WHY HORSES?

Horses provide insight into our participants' behaviours; they understand how to differentiate between potentially threatening behaviour versus a calm and assertive nature.

PARTICIPANTS

Can learn how to modify their behaviour through sets of exercises that will remain with them for the rest of their lives. This type of teaching cannot be delivered in a classroom. It is the experience of being in close contact with horses that has the most influence on people.

PROGRAMS' OBJECTIVES

The day objectives are designed for participants to acquire skills that can be utilized in the workplace and strengthen partnerships:

- Relationship Building
- Communication
- Negotiation
- Leadership

**ALL WHILE HAVING FUN!
AND DOING IT WITH
HORSES.**



The program is an important educational tool to help develop a healthy team with vital communication skills and positive teamwork.

